

 **Conversions**

Knowing the conversions is important when using formulas and calculations while compounding in pharmacy. Following are the important conversions to know:

1 kilogram	= 1,000 grams
1 kilogram	= 2.2 pounds
1 liter	= 1,000 milliliters
1 gram	= 1,000 milligrams
1 milligram	= 1,000 micrograms
1 grain	= 64.8 milligrams
1 ounce	= 28.35 grams
1 ounce	= 30 milliliters
1 teaspoon	= 5 milliliters
1 tablespoon	= 15 milliliters
1 pound	= 454 grams

 **Roman numerals**

Following are the Roman numerals and their corresponding numbers:

I	1	One
V	5	Five
X	10	Ten
L	50	Fifty
C	100	One Hundred
D	500	Five Hundred
M	1,000	One Thousand
S	1/2	Half